

Code of Conduct 2024-2025

LA Road Runners is a 26 week training program that brings together hundreds of runners and walkers of all abilities to train for the Los Angeles Marathon. In an effort to foster a safe and supportive community, our members, pace leaders, volunteers and staff are expected to follow a Code of Conduct:

- 1. Show up on time to workouts so you can properly warm up, connect with your pace group, and get familiar with the course. The meeting time and location is published in the weekly email and announced during the prior week's training.
- 2. Only those who are registered may participate in LARR and The McCourt Foundation races "bandits" are not permitted.
- 3. Respect our local community don't litter, always stay on designated trails, share sidewalks and paths with the public, keep restrooms and meeting areas tidy.
- 4. Respect fellow club members, pace leaders, volunteers, and coaches/staff abusive language, yelling, taunting, or threatening physical violence upon another member of the club, staff member, volunteer or member of the public will not be tolerated. Nor will vulgar language, or racial, ethnic or gender-related slurs or derogatory comments.
- 5. We are a community that often supports each other through hugs and high 5s –be mindful that some people are uncomfortable with this type of physical contact. Unwanted touch, sexual harassment and abuse is not allowed.
- 6. Do not attend trainings impaired by alcohol or recreational drugs.
- 7. In case of a medical emergency, please alert the Pace Leader or Coach David Levine right away, and if necessary, call 911.

Please report concerns or violations immediately to Coach David Levine at davidl@mccourtfoundation.org or Program Coordinator Lucie Murray at larr@mccourtfoundation.org. We take reports seriously and will investigate as appropriate. Violations of the Code of Conduct may result in parties involved being removed from the LA Road Runners program.